

LUNCH

TESSA

UPPER WEST SIDE | NYC | EST. 2014

APPETIZERS

WATERMELON BURRATA	22
watermelon, mango, arugula, pistachios, orange mint vinaigrette	
GARLIC HUMMUS	19
spicy feta cheese, cucumber, tomato, red onion, pita bread (ADD CRUDITE +5)	
TESSA MEATBALLS	19
blend of lamb, pork, & beef, pomodoro, ricotta whip, parmigiano, crostini	
CAULIFLOWER FRITTO	18
tempura batter, basil jalapeno aioli	

BOWLS

GRANOLA BOWL	15
organic greek yogurt, granola, mixed seasonal berries, black mission fig, local honey, cocoa nibs	
MEDITERRANEAN BOWL	19
hummus, quinoa, roasted eggplant, cherry tomato, cucumber, olive feta, balsamic	

EGGS & TOAST

AVOCADO TOAST	18
harissa lemon, sunny side up egg, mixed greens	
SMOKED SALMON TOAST	18
dill aioli, pickled onion, frisee salad, (ADD EGG +3)	
FINE HERB OMELETTE	16
parsley, chive, tarragon, gruyere, home fries, mixed greens	
SHAKSHUKA	19
burrata, poached eggs, eggplant marinara, calabrian chili, olives, sourdough toast	

PASTA & MAINS

CACIO E PEPE	25
linguine, pecorino, black pepper, basil crunch, parmigiano foam	
SPAGHETTI POMODORO	25
o'vesuvio pomodoro, crushed red pepper, grana padano	
ROMESCO SALMON	28
atlantic salmon, sauteed kale, cipollini onion, yellow squash, marcona almond	
HANGER STEAK	29
truffle mash, roasted tomato, spring onion chimmichurri	

SANDWICHES

WAGYU BURGER	25
8oz grilled wagyu burger, balsamic caramelized onion, cheddar, tessa's secret sauce hand cut fries, sesame brioche	
NEW ENGLAND SHRIMP ROLL	21
toasted brioche roll, arugula, garlic-lemon aioli, hand cut fries	
GRILLED CHEESE	18
fresh mozzarella, white cheddar, sliced tomato, tomato soup dip	
BLT & A	19
sourdough toast, applewood smoked bacon, lettuce, tomato, avocado, garlic aioli, mixed greens	
CURRIED CHICKEN SALAD SANDWICH	19
whole wheat toast, pickled rasin, apple, celery, onion, lettuce, tomato, mixed greens	

SOUPS & SALAD

NEW ENGLAND CLAM CHOWDER	14
yukon golds, crispy bacon, grissini	
MELON GAZPACHO	14
melon, tomato, basil, onion, garlic	
GARDEN SALAD	19
radicchio, watercress, navel orange, blueberries, whipped goat cheese, poppy seed vinaigrette	
ROASTED BEET SALAD	19
roasted baby beets, blood orange, avocado, toasted seeds, pickled beetroot vegetables	
TESSA SALAD	21
mixed lettuce, avocado, chickpea, cucumber, green beans, olives, sicilian oregano vinaigrette	
CAESAR SALAD	19
little gem lettuce, sour dough croutons, parmigiano	

CHARCUTERIE BOARD

24 | 38
choice of four or eight + apricot mostarda, mixed olives, crostini

CHEESE

kunik
la tur
goat camembert
tumbleweed cheddar

SALUMI

prosciutto
mortadella
spicy sopressata
finoccionna

ADD ONS

AVOCADO	5	CHICKEN	10
half of avocado, sliced		6oz chicken breast, grilled	
SHRIMP	12	STEAK	18
5pcs marinated, grilled		6oz hanger steak, grilled	
ATLANTIC SALMON	15	PROSCIUTTO	8
7oz fillet, grilled		san daniele, sliced	
SMOKED SALMON	8		

SIDES, TOAST & BREAD

ROSEMARY FRIES	12	WHITE SOURDOUGH	5
rosemary, salt		WHOLE WHEAT	
TRUFFLE PARMIGIANO FRIES	12	ENGLISH MUFFIN	
truffle parmigiano, truffle oil, salt		5	
FRUIT BOWL	14	BAGEL	
seasonal selection		6	
		everything or plain, cream cheese	

DRINKS

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SIGNATURE COCKTAILS 18

SEASONAL

PEACH-ROSÉ SANGRIA

rosé, juliette peach liqueur, elderflower liqueur, lemon & lime, four roses bourbon

CADILLAC PALOMA

astral tequila or 400 conejos mezcal, gran marnier, grapefruit soda, lime, salt

NUEVAYoL

ron del barillito, aperol, chinola passionfruit, amaretto, sparkling rosé, lemon, bitters

SWEET TEA OLD FASHIONED

four roses bourbon, black tea demerara, lemon & orange bitters

WATERMELON-MINT MARGARITA

astral tequila, watermelon, mint-agave, dry curacao, lime, tajin or salt

PURPLE RAIN

aviation gin, italicus, viola apertif, amarula, lemon

PEACH-MEZCAL NEGRONI

400 conejos mezcal, montenegro, lillet, juliette peach liqueur

TESSA CLASSICS

TESS'PRESSO MARTINI

milagro reposado tequila, espresso, mr. black, amarula

BLOOD ORANGE MARTINI

reyka vodka, solerno, dry curacao, blood orange puree, lime

(SPICY) LYCHEE TINI

(ghost) or astral tequila, lychee puree, cassis, lime, agave

FRENCH BLONDE

aviation gin, lillet, elderflower liqueur, grapefruit, lemon

GARDEN MARTINI

reyka vodka, cucumber, mint-agave, lime

BEER 9

DELIRIUM TREMENS

beligan pale ale, belgium
8.5%

PEACH BERRY PUNCH BY TALEA

fruited sour, brooklyn
6.0%

HAZY LITTLE THING BY SIERRA NEVADA

hazy IPA, california
6.7%

LAGUNITAS

IPA, california
6.2%

HEFEWEISSBIER BY WEIHENSTEPHANER

hefeweizen, germany,
5.4%

LIGHT & TIGHT LAGER BY SUNDAY BEER

light lager, brooklyn
3.9%

ESTRELLA GALICIA

spanish-style lager, spain,
5.5%

BUSHWICK PILSNER BY BRAVEN

pilsner, new york,
5.5%

MADURO BY CIGAR CITY

brown ale, florida,
5.5%

HUDSON NORTH CIDER

hard cider, new york,
5.0%

WINE BY THE GLASS

RED

PINOT NOIR

andré montessuy, bourgogne, fr

19 | 75

MONTEPULCIANO D'ABRUZZO

tenuta tre gemme, abruzzo, it

16 | 60

TEMPRANILLO

bodegas lan crianza, rioja, es

17 | 65

MALBEC

a lisa, patagonia, ar

19 | 75

SYRAH BLEND

bois de brignon, rhone valley, fr

16 | 60

CABERNET SAUVIGNON

jax y3, north coast, ca

19 | 75

BAROLO

terre di bo, piedmonte, it

21 | 80

CHILLED RED, ROSÉ & ORANGE

CHILLED RED (SYRAH BLEND)

bois de brignon, rhone valley, fr

16 | 60

ROSÉ

moulin de gassac, languedoc-roussillon, fr

15 | 55

ORANGE

jno es pitukol, curico valley, ch

15 | 55

WHITE

GAVI DI GAVI

villa sparina, piedmonte, it

17 | 65

SAUVIGNON BLANC

domaine de mazelles, touraine, fr

19 | 75

CHARDONNAY

diatom, santa barbara, ca

15 | 55

ALBARIÑO

val de meigas, rias bixas, es

17 | 65

ASSYRTIKO

skouras 'wild ferment', peloponnese, gr

16 | 60

SPARKLING

CHAMPAGNE

moët & chandon 'imperial brut' champagne, fr

26 | 100

SPARKLING ROSÉ

reneé briand 'brut rosé', burgundy, fr

15 | 55

PROSECCO

mionetto 'brut', veneto, it

15 | 55

CAVA

campo viejo 'brut', catalonia, es

15 | 55

LAMBRUSCO

fiorini 'becco rosso', grasparossa di castelvetro, it

15 | 55

NON-ALCOHOLIC

MINT-WATERMELON SPRITZER

watermelon, mint-agave, lime, grapefruit soda

9

PASSION FRUIT RICKEY

passionfruit, lime, grenadine, sprite

9

THE REFRESHER

cucumber, pineapple, basil agave

9

EAZY PEAZY - LEMON SQUEAZY

lemon, simple, ginger beer

9

PHONY NEGRONI BY ST AGRESTIS

spirit-free negroni, brooklyn
0.0%

12

ESTRELLA GALICIA NA

spanish-style lager, spain
0.0%

9

RUN WILD BY ATHLETIC BREWING CO.

IPA, connecticut,
0.0%

9

STIEGL-RADLER ZITRONE

summer lemon-shandy, austria
<0.5%

9